

## **FAQS**

# Roommates must register separately

If you need to be assigned roommates you will be required to register for a 3 person room maximum (\$260), and we will prayerfully assign. (Enter "pls assign" under Roommate Selection #1, #2, #3).

**Upon registration**, you must fill in all "red asterisk" required fields or you will not be able to "Check Out" or "Submit" your registration.

Transportation is not provided (If you are in need of transportation please contact <a href="mailto:Tina.womensretreat@ccob.org">Tina.womensretreat@ccob.org</a> PRIOR to registration (we will do our best to pair you up with someone looking for a travel companion).

### How do I register?

Click on the prompt 'To Register' and READ the 'Registration Instructions' before filling out the form. Online Registration is Debit/Credit card only. To pay by cash or check, please visit the women's retreat table in the foyer after weekend services beginning April 13 - May 5, 2024.

## What does the price include?

Accommodations for two nights and five meals (Friday dinner, all meals on Saturday, and Sunday breakfast).

### What is the address of the retreat?

Sandy Cove Ministries, 60 Sandy Cove Road, North East, MD 21901

### What time is Check-in?

Check-in time is Friday at 4:00 pm.

### What time is Check-out?

Check-out time is Sunday at 9:30 am.

# What time is dinner on Friday and What time does the first session begin?

Dinner is at 5:30 pm on Friday and the first session starts at 7pm.

# What time does the last session end on Sunday?

12:00 pm

### May I bring a teen?

Girls ages 13 and up are welcome to join you.

# Can I bring a toddler?

Bottle fed or Nursing Mom's only (no crawlers or walkers). Your thoughtful consideration is appreciated if your baby should accompany you. As you enter each Session/Workshop please select a seat in the back rows to allow you to discreetly exit if your baby is crying/fussing.

## Can food allergies be accommodated?

Yes. You will have access to Sandy Cove's dietary restriction form upon registering.

## Can I bring snacks/food?

There are mini-refrigerators in the room. You are welcome to bring snacks and prepared foods, however, the mini-frig has limited space.

## Is there a Day Guest option?

There is no day guest option at this time. (You may check back 1 week prior to the retreat.

To register and for further details visit us at women.ccob.org under "News and Events,"